PERFECT PEEL 10

In-office solutions
for troubled skin

Patient Booklet

UNIVERSAL

Recommended for sensitive skin and first time peel patients

FOR FITZPATRICK SKIN TYPES I-II-III-IV-V-VI

INTERMEDIATE

Recommended for sensitive to normal skin

FOR FITZPATRICK SKIN TYPES I-II-III

ADVANCED

Recommended for normal to tolerant skin

FOR FITZPATRICK SKIN TYPES I-II-III

UNIVERSAL

Recommended for sensitive and first time peel patients

FOR FITZPATRICK SKIN TYPES I-II-III-IV-V-VI

INTERMEDIATE

Recommended for sensitive to normal skin

FOR FITZPATRICK SKIN TYPES I-II-III

ADVANCED

Recommended for normal to tolerant skin

FOR FITZPATRICK SKIN TYPES I-II-III

The Perfect 10 Peels:

+ Visibly improve many skin indications
+ Support healthy skin function
+ Offer strong efficacy
+ Scientifically formulated blend of complementary ingredients

CONVENIENCE - 10 minute peel ◦ little to no down time ◦ peel process is completed in 7-10 days

COMFORT - Virtually painless peel ◦ minimal discomfort

SUPERIOR QUALITY - Pharmaceutical grade ingredients ◦ optimized results

TOLERABILITY - Well tolerated ◦ minimal irritation ◦ less surface trauma

PREDICTABILITY - Peeling will be visible 2-3 days after the procedure

SUPERIOR RESULTS - Highly effective blend of complementary acids yields results with just one treatment

Who should consider The Perfect 10 Peel?
Anyone who wants to maintain healthy skin function and improve their skin tone and texture, such as those patients with photo-damaged skin and uneven skin tones. Talk to your medical professional to determine which peel system is right for your skin conditions.

What types of skin respond well to the The Perfect 10 Peel?
Your skin care professional will determine if you are a candidate for **The Perfect 10 Peel.**

Is there anything I need to do before my treatment?
Consult with your skincare specialist to determine your treatment plan prior to peel.

What should you know about the peel procedure?
The peel is applied topically by trained and skilled skin care professionals. The entire procedure should take approximately 15 minutes. You will feel a slight tingling and heat sensation for a few minutes which subsides after STEP 4 application (All-trans-Retinol Complex).

How much will I peel?
The skin peeling, associated with **The Perfect 10 Peel**, is light to moderate, yet substantial and visible. Peeling generally starts 2-3 days after the peel, and should take about 7-10 days to completely peel and heal. You can start the antioxidant moisturizer the evening of the peel and continue until peeling is completed.

What results can you expect after the The Perfect 10 Peel?

+ Smoother and softer texture
+ Improved tone
+ Youthful, radiant look
+ Diminished appearance of wrinkles, fine lines and pore size
+ Increased skin radiance and luminosity
+ Reduction in the appearance of dark spots
+ Unclogged pores

Will results be long lasting?
The Perfect 10 Peel's results will last as long as your skin is maintained with a proper Skin Care Regimen (as customized by your physician or skin care professional). **The Perfect 10 Peel** can be performed monthly or as determined by you and your skin care professional.

How many peels can you do and how far apart should they be done?
For most patients, we recommend a minimum of one month in between peels. The frequency and number of peels depends on various factors and should be determined by you and your skin care professional.

Will my skin be more sensitive after The Perfect 10 Peel?
Yes, the skin will be more sensitive during the active peeling and healing period (approximately 7-10 days). It is recommended you use an antioxidant moisturizer and sunscreen to protect your skin during this time and avoid direct sunlight. Soothing Recovery Ointment or 1% Hydrocortisone product may be recommended as necessary, depending on your level of sensitivity and dryness.

Can I go in the sun after The Perfect 10 Peel?
Avoid direct sunlight and apply a physical sunscreen, SPF 30 or higher, liberally, even on cloudy days.

Pre & Post Peel

New Generation of Chemical Peels

Follow all physician and skin care professionals instructions associated with the procedure.

Before the treatment
Consult with your skin care professional for pre peel instructions and regimen.

After the treatment it is important you:
+ Avoid direct sun exposure
+ Wear a physical sunscreen, SPF 30 or higher, daily
+ Avoid pulling on flaking/peeling skin
+ Avoid scratching and rubbing peeled areas
+ Avoid aggressive scrubbing agents such as loofahs or gritty facial scrubs, and picking, scratching or rubbing your skin

If you have any additional questions about **The Perfect 10 Peel** please speak to your skin care professional.

Active Peeling Photos

Universal

Active Peeling Photos

Intermediate

Before & After Photos

Intermediate

RESULTS YOU CAN SEE

BASELINE

POST 2 INTERMEDIATE PEELS

BASELINE

POST 2 INTERMEDIATE PEELS

10 Weeks to PERFECT Skin

Who is not a candidate for The Perfect 10 Peel?
The use of this product is contraindicated in the following groups of patients:

+ Patients who are nursing or pregnant
+ Patients with rosacea, atopic dermatitis, seborrhea, connective tissue diseases (ex. Scleroderma), active inflammatory acne
+ Patients prone to keloid formation and patients that have active herpes or warts
+ Patients undergoing radiation and/or chemotherapy treatments
+ Patients who have previously not tolerated topical retinoids and alpha or beta hydroxy acid products
+ Not recommended for Fitzpatrick IV-V-VI skin types (Intermediate and Advanced Peels only)

Additionally, patients that are on Isotretinoin should wait three (3) to six (6) months after their last dose to make sure their skin is no longer dry, red or peeling.

For questions please consult your physician or skin care provider